

SECTION 2

ASSEMBLY and MOUNTING INSTRUCTIONS for FLEXI PARAMARK SKI BINDINGS

Your bindings may already be partly or wholly assembled

Parts for assembly

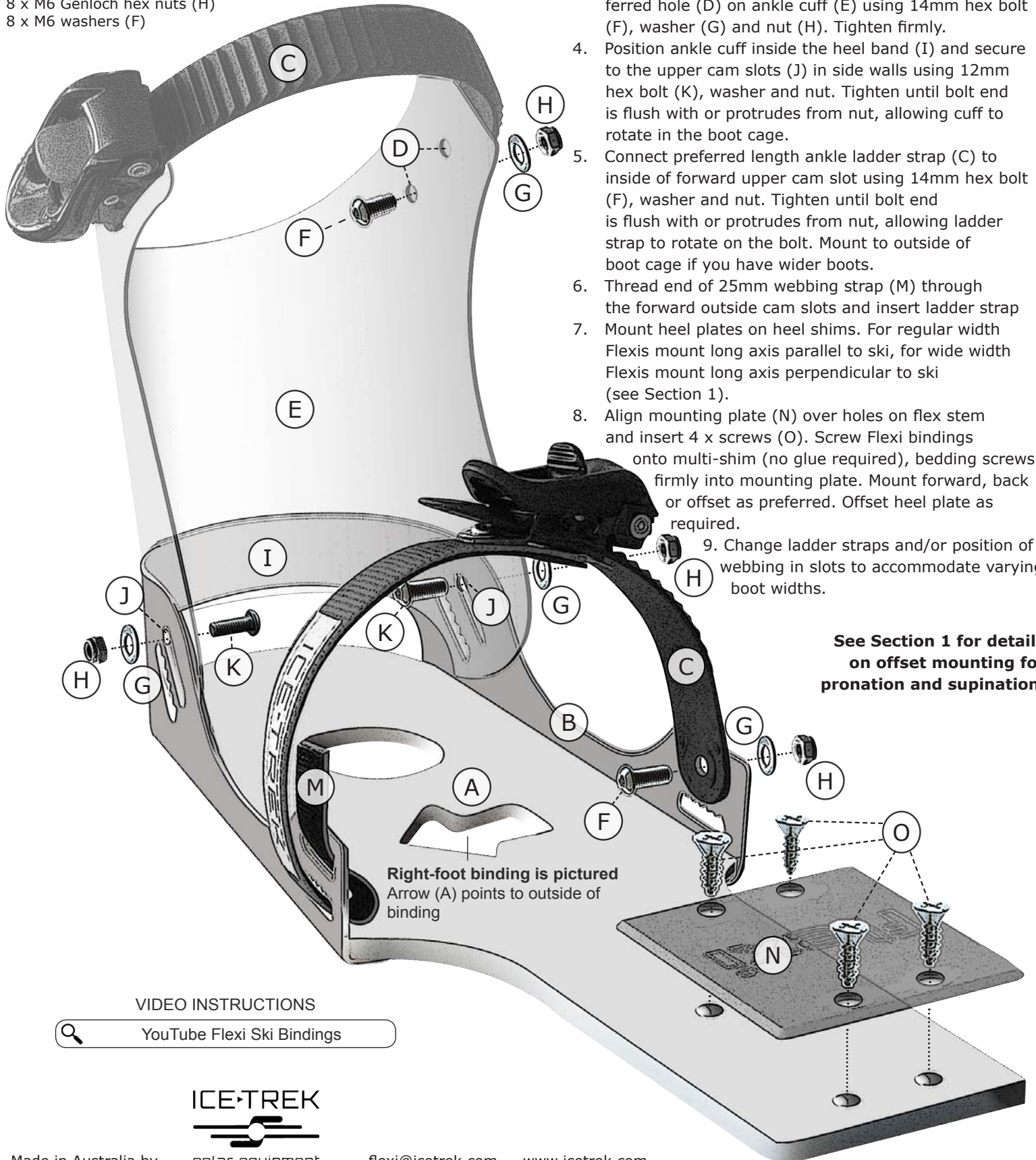
- 2 x Flexi Base (A) and Boot Cage (B)
- 2 x 15, 25 and 30cm ladder straps (C)
- 2 x Ankle cuffs with buckles (E)
- 2 x Ankle webbing straps with buckles (M)
- 2 x Mounting Plates (N)
- 4 x 14mm M6 bolts (F) - for ladders straps
- 4 x 12mm M6 bolts (K) - for ankle cuffs
- 8 x M6 Genloch hex nuts (H)
- 8 x M6 washers (G)

YOU WILL NEED

- Posi-drive #3 screwdriver
- 4mm hex key
- 10mm wrench

1. Mount multi-shims and heel shims to your skis, see Section 1.
2. Determine Left and Right components. Arrow on base plate (A) points to outside of binding, ladder straps are connected to inside boot cage wall (B).
3. Connect preferred length ankle ladder strap (C) to preferred hole (D) on ankle cuff (E) using 14mm hex bolt (F), washer (G) and nut (H). Tighten firmly.
4. Position ankle cuff inside the heel band (I) and secure to the upper cam slots (J) in side walls using 12mm hex bolt (K), washer and nut. Tighten until bolt end is flush with or protrudes from nut, allowing cuff to rotate in the boot cage.
5. Connect preferred length ankle ladder strap (C) to inside of forward upper cam slot using 14mm hex bolt (F), washer and nut. Tighten until bolt end is flush with or protrudes from nut, allowing ladder strap to rotate on the bolt. Mount to outside of boot cage if you have wider boots.
6. Thread end of 25mm webbing strap (M) through the forward outside cam slots and insert ladder strap
7. Mount heel plates on heel shims. For regular width Flexis mount long axis parallel to ski, for wide width Flexis mount long axis perpendicular to ski (see Section 1).
8. Align mounting plate (N) over holes on flex stem and insert 4 x screws (O). Screw Flexi bindings onto multi-shim (no glue required), bedding screws firmly into mounting plate. Mount forward, back or offset as preferred. Offset heel plate as required.
9. Change ladder straps and/or position of webbing in slots to accommodate varying boot widths.

See Section 1 for details on offset mounting for pronation and supination.



Right-foot binding is pictured
Arrow (A) points to outside of binding

VIDEO INSTRUCTIONS

[YouTube Flexi Ski Bindings](#)

