

It is **IMPORTANT** to follow the instructions. Prepare yourself with all of the required tools, read all of the Flexi Tips and refer to them when you see this sign ✱. Precision mounting will maximise your Flexi experience under extreme conditions.

You will need	
drill with 3.6mm	ski glue or 24-hour cure epoxy
Pozidriv #3 screwdriver	fine marker pen
hammer	ruler
centre punch	

Parts

2 x Base Plates

2 x Boot Harness (straps)

2 x Mounting Plates

2 x Heel Plates

8 x 18mm screws

2 x 15mm screw

Reference

A. Balance Chord

B. Base Plate

C. Flex Stem

D. Mounting Plate

E. Heel Plate

F. Buckles

G. Tensioning Loop

H. Release Cord

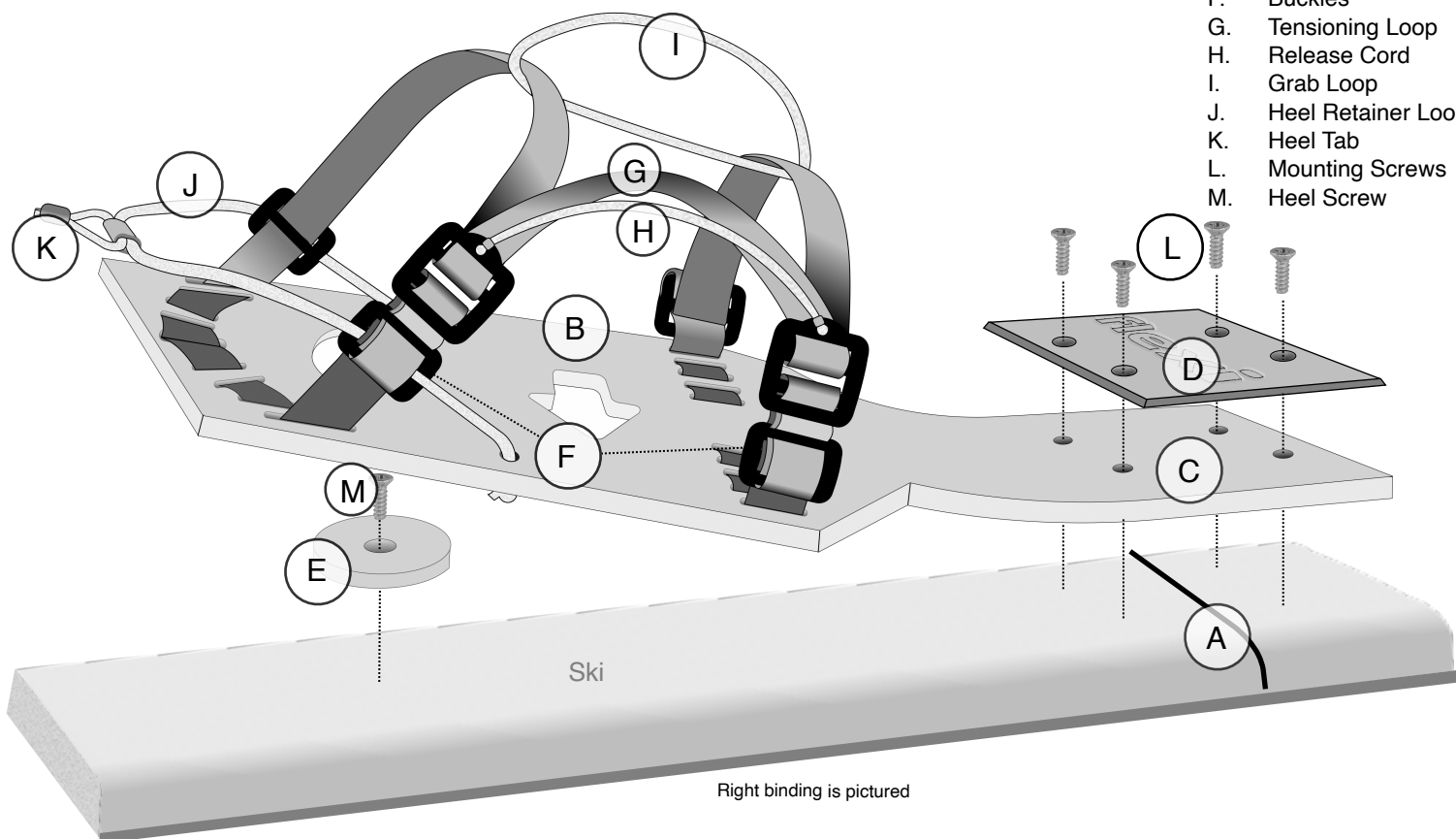
I. Grab Loop

J. Heel Retainer Loop

K. Heel Tab

L. Mounting Screws

M. Heel Screw



Right binding is pictured

1. The boot harness of your Plateau bindings can be configured to fit narrow, regular, wide or irregular-width boots (Fig.1). Ensure your boots fit snugly against the straps where they emerge from the slots in the base plate. If required, re-thread the harness until your boots fit snugly. You may also prefer to have a differential fit front and back. Webbing should pass through at least three slots to prevent slippage. Trim webbing ends if required.

2. If the balance chord (A) is not marked on your ski, balance your ski over a sharp edge such as a ruler and mark a balance line with your marker pen (Fig.2).

3. Place boot securely into harness (see User Instructions below). Position boot/binding over ski so that front edge of boot sits approximately 25mm forward of your balance chord (Fig.3). As a reference, mark the front edge of the binding on your ski with your marker pen. Remove boot. Mark line in same position on second ski.

If mounting for multiple boot sizes place the Balance Chord below the centre point on the Mounting Plate (centre of Flexi logo).

Fig.1

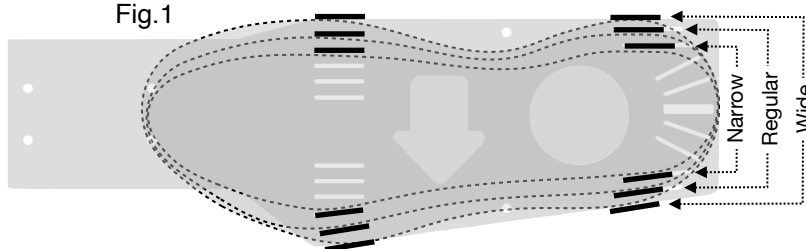


Fig.2

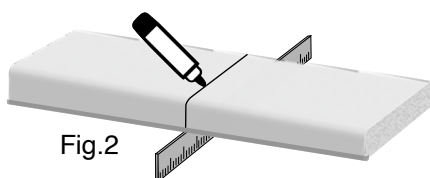
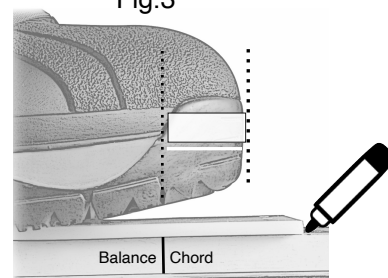


Fig.3



- Place binding back onto ski at marked position, centre-aligning hole pattern (Fig.4/a) and rear drainage hole (Fig.4/b) on ski.
- Holding the binding steady use your centre punch and hammer to mark a front screw-hole pilot (Fig.5a) *I*. Remove binding.
- Carefully drill a 3.6mm hole in your ski (Fig.5b). Clean surface and fill drill hole with a quality glue *II*.
- Align Mounting Plate (D) over 4 screw holes in Flex Stem (C), insert one 18mm screw (L) through a front hole on both plates and place over drilled hole on ski (Fig.6). Screw binding into the ski but don't bed down tightly yet *III-VI*.
- Rotate binding until rear drainage hole is centred on ski, hold steady and repeat punching the three remaining screw holes. Rotate the binding and mounting plate to expose punch marks and drill holes. Clean surface, rotate binding and mounting plate into place, fill holes with glue then bed in each screw, applying firm downward pressure and swapping frequently. Seat all screws tightly ensuring under-surface of Flex Stem sits flush with the ski. Repeat with second ski.
- Centre-align Heel Plate (E) in rear drainage hole (Fig.7) and tap a screw hole pilot with your centre punch. Remove heel plate, drill, clean surface, glue and mount using 15mm screw (M). Repeat with second ski.

OPTIONAL SHIM SET

Available at icetrek.com/shop/flexi-ultima-system-shim-set

USER INSTRUCTIONS

- Open the boot harness by pulling down on the Release Cord (H)
- Hold up the grab loop (I, Fig.9) so that boot harness shape becomes apparent.
- Place your boot into the harness, entering from the rear, until your entire boot is on the Base Plate.
To determine Left and Right, arrow in base plate points to outer edge of binding.
- Hold the heel tab (K) and shuffle your boot back until it sits snug against the Heel Retainer Cord (J, Fig.9). Position the Heel Tab in an obvious notch on your heel.
- Pull the Tensioning Loop (G) firmly up and across to secure your boot into the binding. Rock the loop from side to side, pulling alternately on each buckle, to cinch the boot in tightly.
- During your first ski outing check the positioning of all components and make adjustments to find an optimum fit. Once in place you won't need to make any more adjustments.
- To release bindings, place the tip of your ski pole into the release cord (Fig.10) and push down and out across the boot at an angle that releases both buckles (F) simultaneously. Rolling your ankle inward will help further release the straps. You will perfect the technique after a few uses.



<div> <div>*FLEXI TIPS*</div> </div>	I	Always support the ski from beneath so that it does not flex during tapping, drilling or screwing.
	II	Use ski binding glue or epoxy (2-part) 24-hour cure adhesive to maximise strength and prevent screws unwinding.
	III	Screw heads can become damaged if using an electric driver at high speed or a poorly matched screwdriver or bit. Use a #3 Pozidriv hand driver to seat the screws.
	IV	Wind all screws in vertically.
	V	Burrs or old glue on screws will create poor thread cutting. Ensure previously used screws are clean.
	VI	If using old screw holes in your ski, wind screws in gently until you locate the old thread, then bed down firmly.
	VII	During your expedition check screw tightness from time to time.
	VIII	Do not expose Flexi bindings to extreme heat or chemicals.

