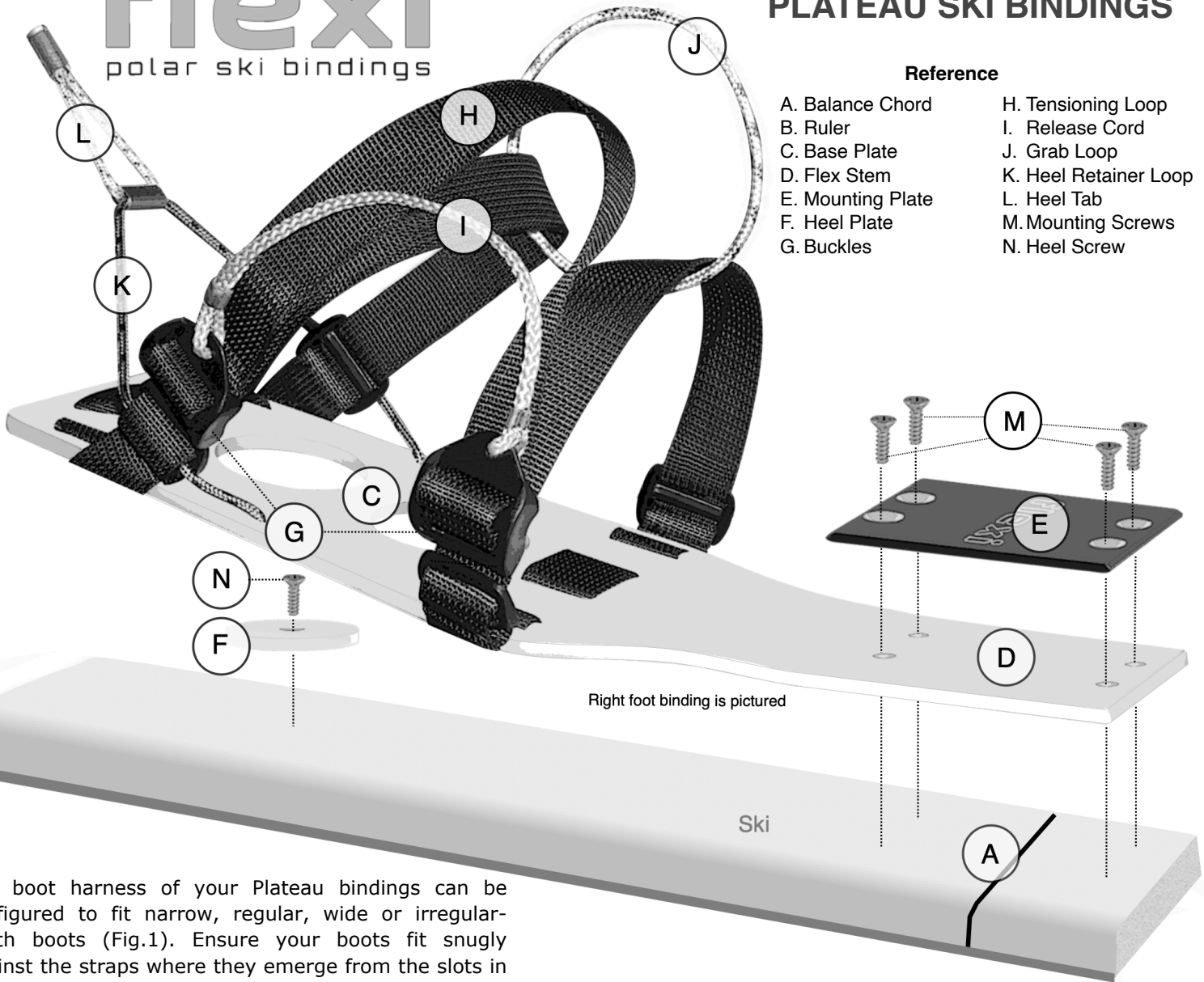


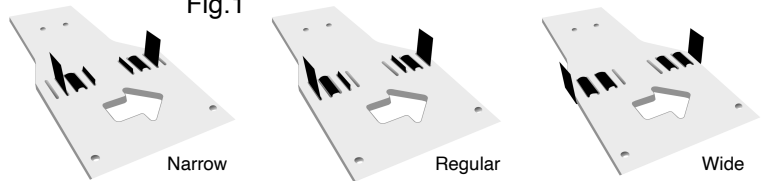
### Reference

- |                   |                       |
|-------------------|-----------------------|
| A. Balance Chord  | H. Tensioning Loop    |
| B. Ruler          | I. Release Cord       |
| C. Base Plate     | J. Grab Loop          |
| D. Flex Stem      | K. Heel Retainer Loop |
| E. Mounting Plate | L. Heel Tab           |
| F. Heel Plate     | M. Mounting Screws    |
| G. Buckles        | N. Heel Screw         |



The boot harness of your Plateau bindings can be configured to fit narrow, regular, wide or irregular-width boots (Fig.1). Ensure your boots fit snugly against the straps where they emerge from the slots in the base plate. If required, re-thread the harness until your boots fit snugly. You may also prefer to have a differential fit front and back. Webbing should pass through at least three slots to prevent slippage. Trim webbing ends if required.

Fig.1



### USER INSTRUCTIONS

1. Open the boot harness by pulling down on the Release Cord (I)
2. Hold up the grab loop (J, Fig.2) so that boot harness shape becomes apparent.
3. Place your boot into the harness, entering from the rear, until your entire boot is on the Base Plate. To determine Left and Right, arrow in base plate points to outer edge of binding.
4. Hold the heel tab (L) and shuffle your boot back until it sits snug against the Heel Retainer Cord (K, Fig.3). Position the Heel Tab in an obvious notch on your heel.
5. Pull the Tensioning Loop (H) firmly up and across to secure your boot into the binding. Rock the loop from side to side, pulling alternately on each buckle, to cinch the boot in tightly.
6. During your first ski check the positioning of all components and make adjustments to find an optimum fit. Once in place you won't need to make any more adjustments.
7. To release bindings, place the tip of your ski pole into the release cord (Fig.4) and push down and out across the boot at an angle that releases both buckles simultaneously. Rolling your ankle inward will help further release the straps. You will perfect the technique after a few uses.

### OPTIONAL SHIM SET

Available at [icetrek.com/shop/flexi-ultima-system-shim-set](http://icetrek.com/shop/flexi-ultima-system-shim-set)

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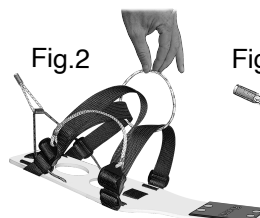


Fig.3



Fig.4

