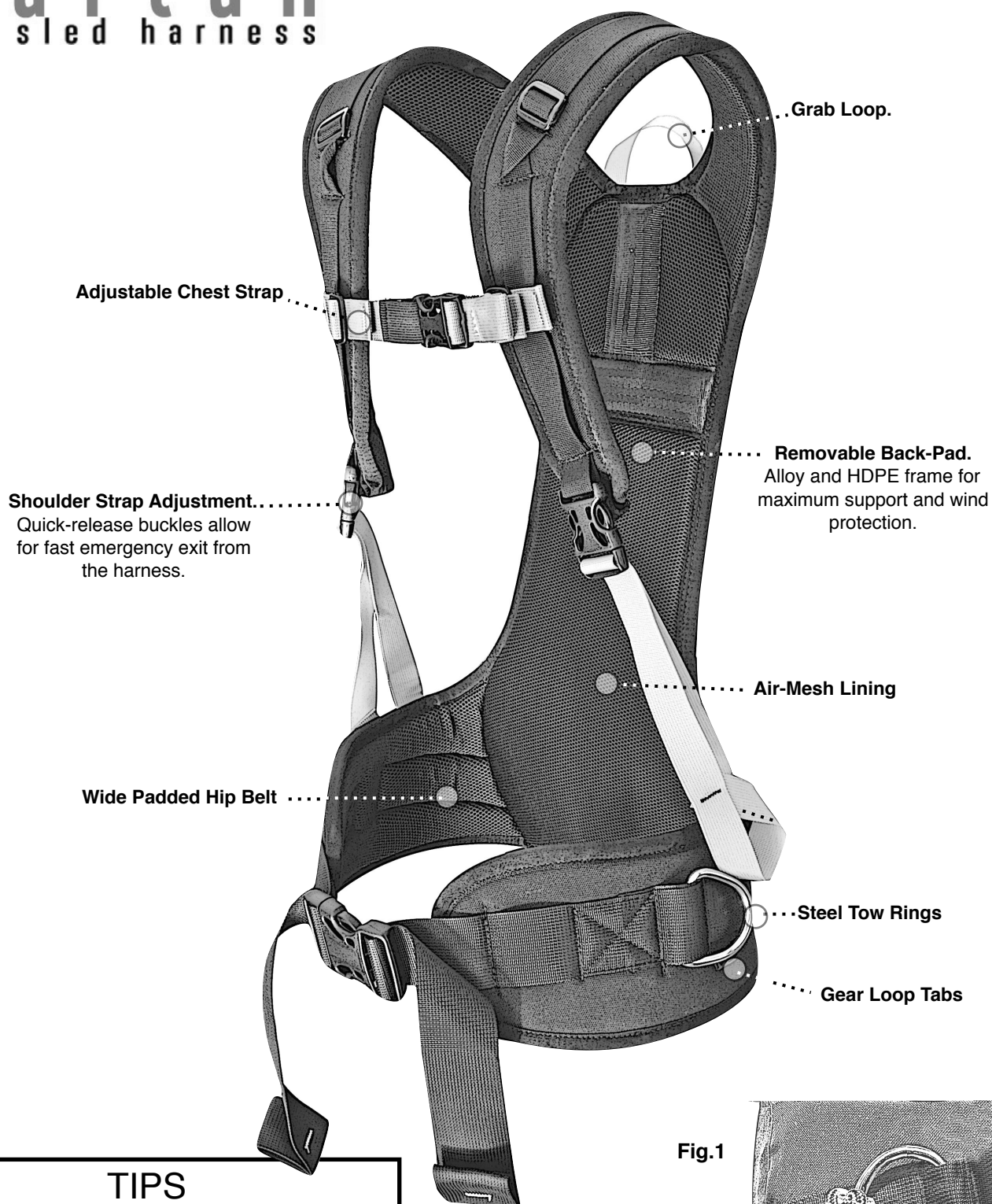


# spartan

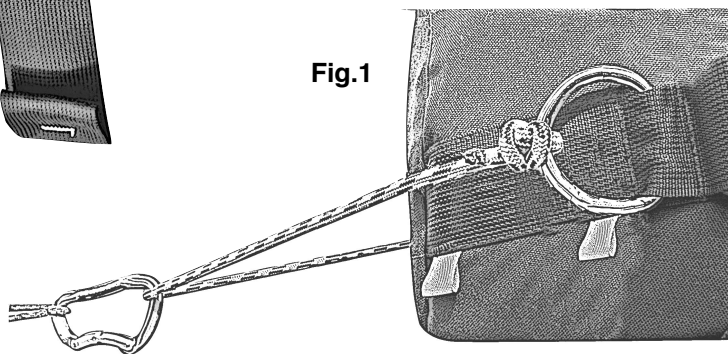
sled harness



## TIPS

- Alter tension on shoulder straps and waist belt to relieve muscle fatigue.
- Tie a lanyard between the tow rings (Fig.1) and clip the sled traces in using a carabiner. This equalises the load between the rings, maximising pulling power and reducing stress on your harness and body.
- If you need to move away from your sled, simply unclip at the lanyard.
- No need to take Spartan off during breaks, wear your warm jacket over the top of your harness.
- Store Spartan inside your sled when camping.

Fig.1



Made in Australia by

**ICE-TREK**  
polar equipment

**Icetek Polar Equipment** Hobart, Australia  
www.icetek.com enquiry@icetek.com