


















TASMANIA SOUTH COAST TRACK HIKE - EQUIPMENT LIST

ITEM	FEATURES	EXAMPLE	QUANTITY		✓
			YOU PROVIDE	WE PROVIDE	
EQUIPMENT / CLOTHING					
Backpack	<ul style="list-style-type: none"> • fitted to your back length • large size (70 litre minimum) • padded waist and shoulder straps • internal frame 		1		
Waterproof pack cover	<ul style="list-style-type: none"> • for waterproofing your backpack and contents large • pack liner should be big enough to fold over at the top when full 		1		
Waterproof pack liner/dry bag	<ul style="list-style-type: none"> • for separating wet items inside pack, or as additional waterproofing • pack liner should be big enough to fold over at the top when full 		1		
Sunglasses			1		
Hiking boots	<ul style="list-style-type: none"> • comfortable and worn-in • ankle support • waterproof (if leather, be sure it is treated) • lace up 		1		
Gaiters	<ul style="list-style-type: none"> • helps keep mud and water out of your boots • knee length 		1		
Tent				1 per 2 people	
Sleeping bag	<ul style="list-style-type: none"> • 3 season-rated • down fill • stored in compression sac lined with plastic bag 			1	



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Inflatable sleeping mattress	<ul style="list-style-type: none"> • Minimum 2 R-Value • Lightweight • Don't bring heavy air mattress/Lilo - not suitable 		1		
Cooking	<ul style="list-style-type: none"> • stove • fuel canisters • kettle • matches • bases 			✓	
Food	<ul style="list-style-type: none"> • see Menu List 			✓	
Toilet paper				✓	
Water containers	<ul style="list-style-type: none"> • leakproof bottles, bladder or combo 		total 3 litre capacity		
Bowl	<ul style="list-style-type: none"> • lightweight 		1		
Cup	<ul style="list-style-type: none"> • lightweight 		1		
Spoon	<ul style="list-style-type: none"> • long-handled, useful for eating from dinner pouches 		1		
Lightweight sandals / Crocs	<ul style="list-style-type: none"> • for around camp 		1		
Head lamp	<ul style="list-style-type: none"> • lightweight • spare sets of batteries (lithium last longest) 		1		
Warm jacket	<ul style="list-style-type: none"> • lightweight • down, synthetic or fleece 		1		

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EQUIPMENT / CLOTHING			YOU PROVIDE	WE PROVIDE	
Waterproof shell jacket	<ul style="list-style-type: none"> • Gore-Tex or similar • tape-sealed seams • attached hood • pit zips for ventilation • unlined 		1		
Waterproof shell pants	<ul style="list-style-type: none"> • full-length side zips • tape-sealed seams 		1		
Fleece pullover	<ul style="list-style-type: none"> • Fast-drying • 100-weight 		1		
Hiking pants	<ul style="list-style-type: none"> • fast-drying • lightweight 		1		
Hiking shorts	<ul style="list-style-type: none"> • Fast-drying • lightweight 		1		
Thermal top base layer			2		
Thermal pants base layer			1		

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ITEM	FEATURES	EXAMPLE	QUANTITY		✓
EQUIPMENT / CLOTHING			YOU PROVIDE	WE PROVIDE	
Underwear			2		
Warm beanie wool or synthetic			1		
Sun hat/ cap			1		
Neck gaiter / Buff			1		
Warm Gloves / mitts wool			1		
Hiking Socks • wool or synthetic • fine weave less likely to cause blisters			2		
Camp Socks – camp comfortable socks to wear around camp			1		
SAFETY / COMFORT					
Personal medical kit and medicines • blister treatment • headache tablets • kept in waterproof pouch			✓		

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ITEM	FEATURES	EXAMPLE	QUANTITY		✓
EQUIPMENT / CLOTHING			YOU PROVIDE	WE PROVIDE	
Insect repellent			1		
Basic toiletries			✓		
Sunscreen / lip balm			1		
OPTIONAL					
Pocket knife / multi-tool	• lightweight		✓		
Camera			✓		
Book, Kindle			✓		
Diary and pencil			✓		

Please arrive with all of your clothing and equipment ready to hike as you may not have time to purchase last-minute items in Hobart.

We will complete a gear check before departure.